



Athlete's Code of Conduct

As a member of the London Volleyball Club (LVC), you are expected to conduct yourself in a manner that demonstrates good sportsmanship and respect for others at all times. It is essential that you support your fellow teammates, coaches and the Club to the best of your ability. Failure to adhere to these principles is grounds for dismissal from the Club. This decision will be made by the Conflict Resolution Committee.

As an athlete, you will be expected to adhere to the following standards of behaviour throughout the volleyball season:

- Good sportsmanship is always the first priority.
- Demonstrate punctuality and diligence in both practice and competition.
- Respect your fellow teammates and coaches; support them to your utmost in your team endeavours.
- Respect all officials, opposing athletes and coaches and spectators.
- Abide by and accept gracefully, the decisions of officials.
- Understand that alcohol use and/or drug use will not be tolerated.
- Understand that Doctor/Physiotherapist notes may be requested after injury. Failure to do so can result in refusal to return to play.
- Respect and care for the facilities in which training and competition occur.
- Demonstrate appreciation for and applaud good play and never make derogatory remarks about officials, coaches or other athletes on any team.
- Be aware and abide by the regulations of the Ontario Volleyball Association and Volleyball Canada.
- Exhibit the same standard of behaviour when in public as you do on the court. You are representing LVC regardless of where you go.
- To understand the philosophy of LVC when it comes to playing time in line with the Long-Term Athlete Development (LTAD) model.

I understand and agree to be held accountable for adhering to the Athlete's Code of Conduct as described above. I have also read, and will abide by the governing points in the LVC Handbook.

Signature: _____ Date: _____

Printed Name: _____



Parent/Guardian Code of Conduct

As a member of the London Volleyball Club, your son/daughter is expected to conduct themselves in a manner that demonstrates good sportsmanship and a respect for others, as well as themselves, at all times. Similarly, it is essential that you, as their parent/guardian, also model behaviour that is consistent with our core values. Failure to adhere to these principles is grounds for various penalties from the Club up to and including suspension and/or dismissal of you or your son/daughter from the Club. This decision will be made by the Conflict Resolution Committee.

As a parent/guardian, you will be expected to adhere to the following standards of behaviour before, during and after any practice or competition:

- Good sportsmanship is always the first priority.
- Respect all officials, coaches, athletes, administrators, volunteer, other parents and spectators.
- Abide by, and accept gracefully, the decisions of officials, no matter which team those decisions may favour.
- Respect and care for the facilities in which practices and competition are being held and listen to those in authority.
- Respond politely to the requests of event organizers.
- Be transparent and open about all fundraising opportunities for the team and make all fundraising opportunities available to all members of the team.
- Be polite and courteous as a spectator using only appropriate language.
- Refrain from any behaviour that might distract the players or interfere with the progress of a match.
- Demonstrate appreciation for and applaud good play and never make derogatory remarks about officials, coaches or other athletes on any team.
- Be aware and abide by the contents of the LVC Handbook.
- Volunteer to be linesperson or scorekeeper when needed.
- Understand that Coaches can request a Doctor/Physiotherapist's note after an injury. If not provided, Coaches may refuse to return this athlete to play.
- Should concerns arise resulting from a practice or competition, parents are expected to abide by the "24-Hour Rule" and wait at least 24 hours before contacting the Coaches with their concerns. All communications should be respectful and courteous.
- Should concerns arise resulting from the administration of the team or interactions with other parents, parents are expected to abide by the "24 Hour Rule" and wait at least 24 hours before contacting the Parent Liaison or any other member of the team including other parents. All communications should be respectful and courteous.

I understand and agree to be held accountable for adhering to the Parent/Guardian Code of Conduct as described above. I have also read, and will abide by the governing points in the LVC Handbook.

Printed Name: _____

Signature: _____ Date: _____

Printed Name: _____

Signature: _____ Date: _____



LVC Coach Code of Conduct

As a Coach of the London Volleyball Club, you are expected to conduct yourself in a manner that demonstrates good sportsmanship and respect for others at all times. You are expected to adhere to the following standards of behaviour throughout your involvement with the Club. Failure to adhere to these principles is grounds for dismissal from the Club. As a Coach, you will be expected to adhere to the following standards of behaviour throughout the Competitive season:

- Treat your athletes with respect. Never do anything that harms the athletes entrusted to your care, be it mentally, morally or physically.
- Aim to develop each of your athletes to his or her full potential.
- Respect your fellow Coaches and support them to your utmost in your team endeavours.
- Understand your role on the Coaching Staff and execute that role to the best of your ability.
- Respect all officials, opposing athletes and coaches, and spectators and use only appropriate language.
- Abide by, and accept gracefully, the decisions of officials, no matter which team those decisions may favour.
- Demonstrate appreciation for and applaud good play and never make derogatory remarks about officials, coaches or other athletes on any team.
- Respect and care for the facilities in which practices and competitions are behind held and listen to those in authority.
- Be aware of and abide by the regulations of the Ontario Volleyball Association and Volleyball Canada and understand their impact on Long-Term Athlete Development (LTAD)
- Exhibit the same standard of behaviour when in public as you do on the court. You are representing LVC both on and off the court, especially when wearing Club clothing.
- Understand and abide by the LVC Handbook.

I understand and agree to be held accountable for adhering to the Coach's Code of Conduct as described above. I have also read, and will abide by the governing points in the LVC Handbook.

Signature: _____ Date: _____

Printed Name: _____

Revised April 15, 2019/DJC