



*\*This letter reflects our current situation. These updates will be monthly, or more frequent if there are major updates\**

November 4, 2020

Dear LVC Family Members,

I learned years ago as a parent that when your child hurts, you hurt. But I also learned that children are resilient and strong and can surprise us with the inner strength needed to overcome what life can throw at them. As an athlete, when you are serving for match point at 14-13, odds are pretty good that your parents' eyes are covered. But you know that even if you miss that serve, you will recover quickly despite your parents' worries. For that reason, as a coach, I like to encourage athletes to slip in an occasional, "I'm ok!" reminder to their parents.

Our past experiences shape our personalities and our personalities decide our behaviour. Your character development is apparent when you arrive at your outdoor practice with more enthusiasm and appreciation for your friendships than ever before. Adversity breeds strength and 2020 is the challenger. We are watching you rise to the occasion and it's inspiring!

You are not only the next generation; you will also be a strong generation. Your grandparents and great grandparents were survivors who fought world wars and struggled through the Great Depression. They were the heroes and the ones you read about in school. Now you are the generation surviving a global pandemic! You will be the next chapter of the history books.

And you will start rewriting those history books now! You are about to participate in the world's first youth *SNOW VOLLEYBALL LEAGUE*! You are going to be Canada's first ever Snow Volleyball Players!

LVC is extremely excited to be working with the Fédération Internationale de Volleyball (FIVB) in Switzerland, to help bring this global movement to Canada. Snow Volleyball was played as a Demonstration Sport in the PyeongChang Olympics in 2018 and is on the same path Beach Volleyball took in the 1980's in becoming a mainstream Olympic sport. Coming up on November 18<sup>th</sup> the FIVB's Christopher Torr will present to the LVC Academy and highlight the LVC Snow Volleyball League. We will also be sharing the Snow Volleyball gear package we have put together.

These are challenging times, yet they can be exciting times. You have already begun your journey down a path of resilience and strength that will serve you for years to follow. Your story will be inspiring, and you will come out of this stronger than you went in. You are surviving and LVC is proud to be there with you. In the meantime, when you come home from practice or when your parents are watching you dive in the snow to dig a ball, a little smile always lets them know that you will be just fine.

We continue to monitor the current situation as it evolves and will keep in communication with public health officials and school boards regarding indoor volleyball. We appreciate everybody's patience and dedication to LVC and we look forward to making history together in 2021!

Thank you,

A handwritten signature in blue ink, appearing to read "Dave Bellehumeur", with a long horizontal flourish extending to the right.

Dave Bellehumeur  
President  
London Volleyball Club